WE COME TO GOD IN PRAYER

I will praise the Lord, who counsels me;
even at night my heart instructs me.
Glory to the Father and the Son and the Holy Spirit,
as it was in the beginning, is now, and will be forever.
Amen.

WE PRAY PSALM 139

You have searched me, Lord, and you know me.
You know when I sit and when I rise.
You discern my going out and my lying down;
you are familiar with all my ways.
Lord Jesus, Son of God, have mercy on me.
Where can I go from your Spirit?
Where can I flee from your presence?
If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
If I say, ‘Surely the darkness will hide me
and the light become night around me’,
even the darkness will not be dark to you;
the night will shine like the day, for darkness is as light to you.
Lord Jesus, Son of God, have mercy on me.
Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.
Lord Jesus, Son of God, have mercy on me.

GOD SPEAKS TO US (see daily Bible reading guide, or other Bible reading)

Teach me your way, O Lord,
that I may walk in your truth.

WE CONFESS OUR FAITH (Apostles’ Creed, scriptural song, or other hymn/song)

WE PRAY FOR OURSELVES AND THE WORLD

Jesus says: ‘Come to me, all you who are weary and burdened,
and I will give you rest’. Let us pray to him.

Lord Jesus: hear our prayer.
Thank you, Lord Jesus, for calling us to rest with you: forgive us
when we turn our work into an idol.

Lord Jesus: hear our prayer.
You have made us your light and salt in the world: encourage your
people to share their hope and bear witness to you.

Lord Jesus: hear our prayer.
Thank you for healing us in body, mind, and soul: comfort and
restore those who are sick, and assist all doctors, nurses, and
medical services.

Lord Jesus: hear our prayer.
While we sleep others will labour: watch over all who work
throughout the night, and keep them from isolation and loneliness.

Lord Jesus: hear our prayer.
(Other prayers may follow)

Lord Jesus, come to us that you may cleanse us. Come to us that
you may heal us. Come to us that you may strengthen us. Come to
us that you may use us to do your will. But having received you, let
us not forget you, or run away from you, or fall into temptation and
sin; but let us be yours today, tomorrow, and always; for you live and
reign with the Father and the Holy Spirit, one God, now and forever.
Amen.

WE PRAY THE LORD’S PRAYER

GOD BLESSES US

The Lord watches over you – the Lord is your shade at your right
hand; the sun will not harm you by day, nor the moon by night.
May the Lord bless us, and keep us from all evil, and bring us to
eternal life.
Amen.