MAIN POINT
Jesus teaches the Lord’s Prayer.

SCRIPTURE FOCUS
One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.” (Luke 11:1)

ADDRESS
In our reading today the disciples ask Jesus to teach them how to pray. This is the prayer that he taught them and we still pray it every week at church. Let’s practise with some actions to help us learn it.

Pray the Lord’s Prayer with the following actions for each line:

- Our Father in heaven (point up)
- Hallowed be your name (open hands forward)
- Your kingdom come (motion ‘come here’)
- Your will be done (point to heaven)
- On earth as it is in heaven (point down to the ground)
- Give us today (cup hands)
- Our daily bread (put fingers to mouth)
- Forgive us our sins (praying hands)
- As we forgive those (hands on heart)
- Who sin against us (hands open to others)
- Lead us not into temptation (arms out-stretched to heaven)
- But deliver us from evil (push palms downwards)
- For the kingdom (make one muscle arm)
- The power (make the second muscle arm)
- And the glory are yours (leave arms out but out-stretch fingers)
- Now and forever. Amen. (praying hands)

PRAYER
Pray the Lord’s Prayer together again with the actions.

You may wish to hand out Growing Faith at Home or another resource before the children return to their seats.